



Reflexology Health Record

Name: _____ Date: _____

Address: _____ Home #: _____

Town / City: _____ Work #: _____

Prov./State: _____ PC/Zip: _____ Birth Date: _____

Last Medical Visit: _____ Findings (Medical): _____

Have you had any accidents? Yes__ No__ What/When? _____

Do you have any serious illness? Yes__ No__ What/ When? _____

Have you been hospitalized recently? Yes__ No__ What/ When? _____

Have you had any broken bones? Yes__ No__ What/ When? _____

Have you had any surgery? Yes__ No__ What/ When? _____

Are you on medication? Yes__ No__ What/ When? _____

Do you have any heart problems? Yes__ No__ What/ When? _____

Do you have a pacemaker? Yes__ No__ What/ When? _____

How is your blood pressure? Normal__ Not Normal__ Why? _____

Do you have any circulatory problems? Yes__ No__ What? _____

Are you pregnant? Yes__ No__ Trimester? _____

Any history of cancer? Yes__ No__ What/ When? _____

Do you have diabetes? Yes__ No__ What/ When? _____

Do you have epilepsy? Yes__ No__ What/ When? _____

Do you wear any prostheses? Yes__ No__ What/ When? _____

Do you smoke / have allergies? Yes__ No__ What/ When? _____

Are you taking other therapies? Yes__ No__ What? _____

Have you had reflexology before? Yes__ No__ Who/ When? _____

Who is your doctor? _____ DR. Tel. # _____

Present Problems: _____

Who referred you to me? _____

Consent for Reflexology Session:

I understand and accept that the sessions received are of therapeutic value only and fully accept responsibility for the same.

Signature: _____ Date: _____